

Wrestling Intramural Permission Slip

- Who? Students in **grades 6th to 12th**, enrolled in the Washingtonville School district.
- What? Students will learn the oldest form of martial arts. We will teach them takedowns, defense, counter maneuvers, rules, and scoring of the sport. Participants will need a **t-shirt**, a **pair of shorts**, and Wrestling Shoes (optional, but recommended)
- When? **April 5th to June 9th. Tuesday and Thursdays from 2:20pm to 4:00pm**
(students will have the option to take the late bus home)
- Where? WHS Gymnasium
- How? High School Students: Stop by the Athletic Director's Office or see Coach Lee for a permission slip.
- Middle School Students: See your PE teacher, or stop by the Main Office for a permission slip.
- Please turn in a signed permission slip to Coach Lee

I Hereby give permission for my wrestler to participate in Wrestling Intramurals.

Please sign this sheet and return it to Coach Lee .

Parent's Signature _____ Date ____/____/____

Student's Name _____ Date ____/____/____

Emergency Contact Number _____