



Come and enjoy another great ride, supported by the Gaston County Senior Center and [Ride-A-Bike bicycle shop](#). All proceeds will benefit senior programs and equipment at the Gaston County Senior Center. Gaston County Cyclists and the Gaston County Senior Center will work together for the third year to make this a very enjoyable ride, with great support along the route and at the aid stations. We are looking forward to another great ride this year. Please come out and enjoy the morning!

**Three routes:** [62 mile](#) ride, an easier 46 mile option (route splits at mile 20), or a nice cruiser at 25 miles. Enjoy scenic rural county roads north of Dallas with very little traffic, 2,000-3,000 ft elevation. 2014 Strava [HERE](#) - (the route will change this year to avoid some of the busy roads near the end of the ride)

Free lunch indoors donated by local vendors, with beverages, showers, and restrooms.  
Stocked aid stations (2 or 3 depending on length) and SAG provided.

#### **Start-finish:**

Dallas Senior Center  
1303 Dallas Cherryville Hwy  
Dallas, NC 28034

Approximately two miles North of Gastonia on US-321. Exit onto Hwy 279 W (Dallas / Cherryville exit) toward Cherryville. The Senior Center is on the left just beyond the fast food restaurants (appx 20 min from Charlotte).

**Cost:** \$25 (early registration) - \$30 (day of). Ride is rain or shine, no refunds due to weather, CASH OR CHECK, NO CREDIT CARDS.

**Registration:** via  [www.bikereg.com/dogdays](http://www.bikereg.com/dogdays)

**For more information:** Ride leader Huston Sheppard: [hustonsheppard@yahoo.com](mailto:hustonsheppard@yahoo.com)  
website: [www.GastonCountyCyclists.com](http://www.GastonCountyCyclists.com) or [FaceBook](#)

**These roads are open to motor traffic and all traffic laws must be followed. ANSI or Snell approved helmets are required.**

Ride support will end at 1pm

[Gaston County Cyclists](#) is a 501c3 non-profit organization and 100% Volunteerism!!! Please consider joining!