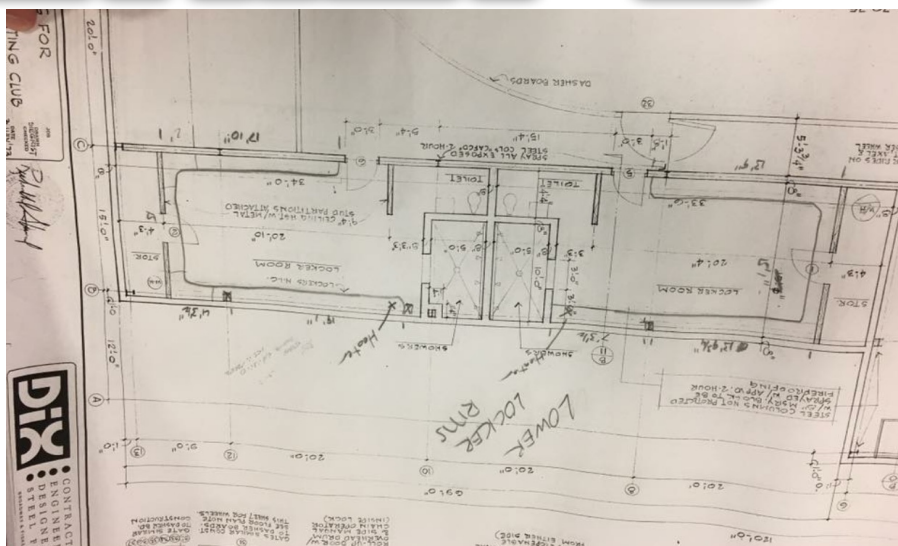




February 2017

SPokane Jr. CHIEFS



**Support the Jr.
Chiefs Hockey
Association....
While YOU
Shop!!**

amazonsmile
You shop. Amazon gives.

We are thrilled that the KXLY Extreme Team will be here at Eagles Ice Arena February 20-23, 2017! The transformation to our rink will be astounding.

To date, there have been many sponsor dollars and volunteer hours invested into making this dream a reality. Now it's our turn to give back in the way of volunteer commitment. We are asking that each Spokane Youth Hockey family find time to volunteer during the week of February 20-23, 2017 from 7 AM to 7 PM daily. You can volunteer in one hour increments by using this link: [Volunteer with the KXLY Extreme Team](#). Team and youth participation is strongly encouraged with adult supervision.

As a thank you to the Extreme Team, and in conjunction with Hockey Week Across America, we are also asking that you tell us what makes our sport so great – why do you love hockey? Your submissions will be compiled as a thank you to the many, many volunteers and sponsors with the Extreme Team that will ensure the success of the project! Tell us with this link: [Why I Love Hockey](#).

Thank you for your assistance! We'll see you at the rink!



Directors Notes



Hi SAYHA Family!

There are a number of exciting happenings around the rink right now! We've joined with Lilac City Figure Skating and the Old-timers to purchase the Eagles Ice Arena, the KXLY Extreme Team is giving our home some much-needed renovations, and it's almost time for the first Hockey Week Across America!

The KXLY Extreme Team is looking for as many volunteers as possible to help with the rink's renovations February 20th-23rd. If you're interested in helping the Eagles get a facelift, please register to volunteer at <http://spokaneyouthhockey.simplybook.me>. Team and youth participation is encouraged!

February 18th-26th is Hockey Week Across America! We have partnered with the Spokane Chiefs to host a Try Hockey for Free day at the Spokane Arena on February 25th at 1pm. The Chiefs will give any participant 2 free game vouchers for the Chief vs. Tri-City game that evening! Any kid who is interested in trying skating or hockey is invited to attend the event. We will have skates and supplies at the rink.

Hard to believe, but we're in the final month of our 2016/17 hockey season. As we get closer to the playoffs, there have been a number of members asking about SAYHA summer training programs. Here's a list of some of the spring/summer camp, clinic, and league opportunities:

Spring Skills Clinic

March 22 – June 8: Wednesdays 2006-2008 & 2003-2005, Thursdays 2002-older
We're teaming up with Power Edge Pro to provide 12 or 6-week spring training opportunities. We will train with PEP, small area skill stations, body contact, and battling.

Spring Leagues

High School league, open to current high school students

Middle School league, open to current middle school students

3v3 league and tournament, typical age division designations (8U, 10U, 12U, 14U)

Directors Notes...

Defense, Offense, and Goalie Camp

June 19-22: birth years 2000-2005

June 26-29: birth years 2004-2010

Players will work on position specific training. In the morning ice session, players will work on proper footwork and puck management as it relates to their position. During the second ice session, we will bring all the players together to work on game scenarios and competition drills.

14U & 16U AA/AAA Training Camp

July 24-27: birth years 2000-2004

This camp is designed for any player interested in trying out for an AA or AAA Bantam or Midget team. This is an intense and fast paced camp that will push your player beyond their comfort zone.

Boot Camp

August 7-10: birth years 2000-2006

This camp will prepare peewees through midgets for the upcoming season. There will be lots of skating and puck work, intense dry land, and skill/battle stations. We call it boot camp for a reason!

Beginner Boot Camp

August 21-24: birth years 2011-2007

This is an introductory boot camp for our younger players. The players will be pushed and have fun at the same time. A great opportunity for the 10U players to prepare for tryouts!

With everything that's going on at the rink, we're encouraging our players and families to tell us "why I love hockey!" Your entry may be highlighted on the KXLY Extreme Team renovation.

<http://www.spokaneyouthhockey.com/forms/13827-Why-I-Love-Hockey>

We're looking forward to a great February of hockey, finishing the season strong, and having a fun spring/summer of development in our home rink!

Thank you,

Neil Runbeck, Director of Hockey Operations

Nicole Adams, Business Manager

Andrew Jasicki, Assistant Hockey Director

Kyle Knudsen, Director of Goaltending Development



House Division Goaltender and Shooting Clinics! February 19th & 26th



Back by popular demand! Spokane Youth Hockey will be offering two more House Division Goaltending and Shooter Clinics this season:

Sunday, February 19th from 1:30-2:30 PM on Rink 2 Sunday, February 26th from 11:15-12:15 PM on Rink 1

These clinics are FREE for Spokane Youth Hockey House Division goaltenders (but we ask that you still register with the link below). In order to practice the art of goaltending, we are also looking for House Division shooters in each age division. This is a great opportunity for our skaters to get an extra hour of ice, have fun with their friends and work on SHOOTING TO SCORE!

The session will run the players through a number of “shooter vs. goalie” situations with an emphasis on positive repetitions.

Instructors will include our Director of Goaltending Development, Kyle Knudsen, Hockey Director, Neil Runbeck and/or Assistant Hockey Director, Andy Jasicki.



Session cost for shooters is \$15.00 and is limited to 25 registrants. Register today with [this link](#) or on our website at www.spokaneyouthhockey.com under the “House Division Goaltender and Shooter Clinic” tab.

Come join the FUN and learn how to shoot to score! Please contact Nicole Adams, Business Manager, with any questions or concerns (sayha.manager@gmail.com).

See you on the ice!

The PNAHA State

Tier II Tournament for 14U, 16U and 18U is quickly approaching & we need YOUR help in making this a successful tournament.

We are looking for volunteers to help with scorekeeping, time clock & various other details.

Also, we are seeking State Tournament Sponsors

If you interested in volunteering or know a business interested in sponsoring please contact [Kelli Jones](#).



When hockey injuries happen.... SAYHA has developed a relationship with Integrated Sports Medicine at Rockwood Clinic.

If a skater is in need of injury evaluation, please identify as part of SAYHA or Jr Chiefs.

This will ensure expedited care.

-Neil Walstrom,
Player Safety Coordinator



HERE'S YOUR CHANCE TO WITNESS THEIR SECOND FIRST STEP.

Come play youth hockey and experience more great moments in your child's life.



**Come Try Hockey For Free on
Saturday, February 25th**
register at spokaneyouthhockey.com

OFFICIAL SPONSORS



TOTAL HOCKEY

AND



Liberty Mutual.
INSURANCE

AUTO | HOME | LIFE

Thank you to the Spokane Chiefs for their generous sponsorship of our Try Hockey for Free clinic on Saturday, February 25th at 1 PM at the Spokane Arena (720 West Mallon). For more information (and to register for the event) please visit our website at spokaneyouthhockey.com. All participants will receive 2 tickets to the Spokane Chiefs game on 2/25 at 7 PM as they take on the Tri Cities Americans!

Hockey Week Across America Less Than Two Weeks Away

Registration Open for More Than 350 "Try Hockey for Free" Events

COLORADO SPRINGS, Colo. — USA Hockey will lead the nation in the first-ever [Hockey Week Across America](#), February 19-26. The week-long event is to commemorate the 10th anniversary of Hockey Weekend Across America.

"We're excited to expand this grand celebration of our sport to a week for the 10th anniversary," said **Dave Ogrea**n, executive director of USA Hockey. "We have so many people across the country at all levels that do so much and this week provides an excellent opportunity for associations and teams to honor them in their communities. It's also a time to focus on giving new people a chance to try or perhaps see our sport for the very first time. Hockey is a growing part of the fabric of our sports culture in America and we look forward to sharing all the great things hockey offers to more and more families in communities across the country."

The week-long celebration of hockey includes a special theme for each day.

NBC Sports' *Hockey Day in America* kicks off the festivities on Sunday, Feb. 19, with live coverage of four NHL games and content showcasing hockey at all levels weaved in throughout the day and night. Coverage begins at 12 noon ET with a half-hour pre-game show on NBC in advance of two games on the network -- Washington at New York Rangers followed by Detroit at Pittsburgh. NBCSN takes over duties for two evening games on Sunday, with the Boston at San Jose contest following Chicago at Buffalo.

From Monday, Feb. 20, through Thursday, Feb. 23, Hockey Week Across America will feature daily 'Salutes' to recognize members of the hockey community. USA Hockey encourages the hockey community -- including fans, associations and teams -- to participate in their own unique ways in 'Salute to Players' on Monday; 'Salute to Coaches' on Tuesday; 'Salute to Officials' on Wednesday; and Salute to Local Rinks' on Thursday.

Friday, Feb. 24, is "Wear Your Favorite Jersey Day," sponsored by [ShopUSAHockey.com](#), where fans are encouraged to show their hockey pride by wearing their prized hockey jerseys. USA Hockey's Facebook and Twitter pages will accept photos from all in search of the most passionate hockey fans.

The focus shifts to engaging new players and fans on Saturday, Feb. 25, as part of Try Hockey Day. A centerpiece of the activities that day features a national Try Hockey for Free Day to provide children ages 4 to 9 that have never had the chance to try the sport to do just that at no cost. Hundreds of rinks nationwide will be hosting a Try Hockey for Free event and those interested can find the location nearest them by visiting [TryHockeyForFree.com](#). Liberty Mutual Insurance and Total Hockey are official sponsors of USA Hockey's Try Hockey for Free days.

To cap off the week, "Celebrate Local Hockey Heroes Day" on Sunday, Feb. 26, encourages all involved in the game to develop ways to honor their local hockey heroes. USA Hockey invites fans to post pictures and stories on its Facebook and Twitter pages.

At 13 NHL games in American cities as part of Hockey Week Across America, two young officials will have the chance to meet with NHL officials working the particular contest prior to the game and then stay to watch those NHL officials in action.

Associations, teams and communities seeking promotional materials, including posters and logos, are also available for download at this [site](#). Use the hashtag #HWAA on Twitter in association with the event. For full information surrounding the weekend, visit [HockeyWeekendAcrossAmerica.com](#).

NOTES: Hockey Weekend Across America was created by USA Hockey in 2008 to engage the hockey community in celebrating the sport of hockey at all levels and exposing the sport to new audiences ... For full information surrounding the weekend, click [here](#) ... Use the hashtag #HWAA on social media in association with the event.



BEGINNER HOCKEY

**REGISTER
online at**
www.spokaneyouthhockey.com



Our program includes USA Hockey certified instructors providing instruction and a fun environment that teaches skating skills, stick-handling, shooting and passing and helps prepare players to join a Spokane Youth Hockey team. Basic skating skills are needed before joining this program. A hockey helmet with face mask, hockey gloves and a stick are required – elbow pads and knee pads are recommended. We will be offering the following sessions through July 20, 2017:

Session 1: January 7 – February 11 (Saturdays from 10-11 AM) – \$90.00 for 6 weeks

Session 2: February 18 – March 18 (Saturdays from 10-11 AM) – \$75.00 for 5 weeks

Session 3: March 23 – May 4 (Thursdays from 6:15-7:15 PM) – \$90.00 for 6 weeks

Session 4: May 11 – June 15 (Thursdays from 6:15-7:15 PM) – \$90.00 for 6 weeks

Session 5: June 22 – July 20 (Thursdays from 6:15-7:15 PM) – \$75.00 for 5 weeks

In order to register for Beginner Hockey, you must first register your player with USA Hockey (usahockey.com and also linked on our website). Please note that your first session fee is waived if this is the first time you are registering with USA Hockey. Subsequent registrations will be charged at the rates listed above.

Register today at www.spokaneyouthhockey.com (under the "New to Hockey" tab). See you on the ice!



YOU CAN HELP SAYHA EARN DONATIONS JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

- Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to SAYHA at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (87673).
- Then, every time you shop and use your Rewards Card, you are helping SAYHA earn a donation!
- You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.
- If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.
- For more information, please visit www.fredmeyer.com/communityrewards.



6U Flyers ready to play some hockey in Moscow!



Thank you Brittany
Davies for the fun
pictures of the
6U Flyers!
Awesome Job Team!





SAYHA Parent Code Of Conduct


As a parent, you understand it is important for your child to get the most out of participating in youth sports. To ensure your child has an enjoyable experience, youth hockey aims to deliver these promises:

1. **FUN.** The thrill of carrying the puck up the ice, the exhilaration of scoring their first goal or the camaraderie of skating with friends is possible due to the fun and encouraging environment youth hockey provides to try new things and grow as a person.
2. **GUIDANCE.** Youth hockey is unique because a new player must start from the very basics of essentially learning to walk again. Our youth hockey program has instructors and coaches that are able to teach the challenging skills of ice hockey in a fun, engaging manner.
3. **ACHIEVEMENT.** You will be amazed at the progress your child will make in a short amount of time. Both you and your child will walk away from the rink each time excited about all the new things that your young (and even experienced!) hockey player has learned on the ice.



To achieve these promises, Spokane Youth Hockey needs your help. As a parent or guardian of a Spokane Youth Hockey player, you have a responsibility to:

- 1 Ensure to the best of your ability that your child abides by the rules of hockey, the policies of SAYHA and principles of good sportsmanship.
- 2 Ensure to the best of your ability that your child respects his/her teammates, coaches, team officials, referees, opponents, opposing coaches, opposing team officials and other participants in SAYHA games, practices and other association activities.
- 3 Ensure to the best of your ability that your child conducts himself/herself in a manner that minimizes the risk of injury, both physical and psychological, to himself/herself and others which includes refraining absolutely from making any derogatory comments as to another individual's race, ethnic origin, color, religion, gender and/or sexual orientation.
- 4 Refrain from criticism of coaches, team officials, referees, teammates, opponents, opposing coaches, opposing team officials and other participants in SAYHA games and other association activities and, when you feel that criticism is warranted, you shall offer it in a manner that is fully respectful, through proper channels and away from the hockey rink.

- 
- 5 Refrain from directing comments which are insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to players, team officials, referees and association volunteers including but not restricted to divisional coordinators, board members, executive members (directors) and paid association staff. If you feel that criticism of any such person is warranted, you shall offer it in a manner that is fully respectful, through proper channels and away from the hockey rink.
 - 6 Refrain from discussing the weaknesses of other team players and/or coaching staff with your child.
 - 7 Familiarize yourself with, and abide by the policies and procedures, of SAYHA.



In addition to these standards, USA HOCKEY also outlines a parent's responsibility in the PARENT CODE OF CONDUCT:

- 2 Do not force your children to participate in sports, but support their desires to play their chosen sports. Children are involved in organized sports for **their** enjoyment. Make it fun.
 - 3 Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays of both teams.
 - 4 Do not embarrass your child by yelling at players, coaches or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
 - 5 Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.
 - 6 Know and study the rules of the game and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.
 - 7 Applaud a good effort in both victory and defeat, and enforce the positive points of the game. Never yell or physically abuse your child after a game or practice – it is destructive. Work toward removing the physical and verbal abuse in youth sports.
 - 8 Recognize the importance of volunteer coaches. They are important to the development of your child and the sport.
 - 9 Communicate with your child's coach and support them.
 - 10 If you enjoy the game, learn all you can about hockey – and volunteer.
- Thank you for your involvement with Spokane Youth Hockey. We look forward to enjoying many hockey seasons with you and your family!

TOURNAMENTS

SAYHA | 6321 North Addison Spokane, WA 99208 | 509.327.7383

Rep Tournaments

Bantam/Midget Rep Jamboree

September 23-25, 2016

Midget U16 Tier II - \$975.00

Midget U18 Tier II - \$975.00

Bantam Tier II - \$950.00

Bantam Tier III - \$950.00

*4 teams per division - register early!

Squirt Winterfest

December 2-4, 2016

Squirt Tier II - \$1,150.00

Squirt Tier III - \$1,150.00

Pee Wee Challenge

February 24-26, 2017

Pee Wee Tier II - \$1,150.00

Pee Wee Tier III - \$1,150.00

House Tournaments

Young American Days

Squirt|Atom - Nov. 11-13, 2016

\$850.00

Midget - January 6-8, 2017

\$1,000.00

Bantam - January 20-22, 2017

\$950.00

Pee Wee - Feb. 10-12, 2017

\$900.00

Mite 4 on 4 Cross Ice Classic

March 10-12, 2017

Sr. Mite|Novice 8U - \$550.00

Jr. Mite|Initiation 6U - \$500.00



Tournament Information

The Spokane Americans Youth Hockey Association is pleased to host a number of tournaments for both rep and house teams for the upcoming 2016-17 season. If you have tournament questions, please contact our SAYHA Business Manager, Nicole Adams, at SAYHA.manager@gmail.com. Please see our website at spokaneyouthhockey.com for registration information. Register early - space is limited! We look forward to hosting you!

Traveling Teams

We appreciate how busy coaches and team managers are these days. That's why we are pleased to partner with Traveling Teams. Upon registering for a Spokane Youth Hockey tournament, Traveling Teams will contact your team management and take care of everything related to your team's hotel stay here in Spokane from beginning to end! No more calling around - you'll get the best rates from our Spokane Youth Hockey host hotels through Traveling Teams.

Register your team at www.spokaneyouthhockey.com

Thank You! We'll see you at the rink!

We trust that this season will be a great one! Our volunteer Board of Directors meets on the second Thursday of the month at 6 PM at Eagles Ice-A-Rena (the Conference Room above Rink 2 if not otherwise posted). If you have any questions or concerns, please don't hesitate to contact us.



President – **Casey Lund**
Vice President – **Brad Moon**
Secretary – **Andy Buell**
Treasurer – **Eric Inabinet**
Disciplinary Director – **Darwin Bleth**
Tournament Director – **Vacant**
Sponsorship Director - **Shannon McGehee**
Equipment Director - **Alex Morris**
Player Safety Coordinator - **Neil Wahlstrom**
SafeSport Coordinator – **Darwin Bleth**
Rep Coaching Director – **Kevin Dow**
House Coaching Director – **Frank Lukas**
PNAHA Representative - **Brad Moon**
SAYHA Newsletter Editor - **Amy Stolz**
SAYHA Public Relations - **Katie Powell**

SAYHA STAFF:

SAYHA Director of Hockey Operations and Coach-in-Chief: **Neil Runbeck**
SAYHA Business Manager/Registrar: **Nicole Adams**

Please direct any registration questions directly to Nicole Adams via email.
If you have questions for a board member, volunteer or SAYHA staff member, please allow 24 hours for a response during the regular business week.

Spokane Jr Chiefs



@JrChiefsHockey





GROUP DISCOUNTED TICKETS!

**FOR GROUPS OF 10 OR MORE TICKETS ARE ONLY:
\$14.00 LOWER LEVEL, \$11.00 UPPER LEVEL**

MARCH HOME GAMES

WED, MAR. 8 vs. EVERETT– TICKETSWEST PLAYER MAGNET GIVEAWAY
FRI, MAR. 10 vs. PORTLAND– NUMERICA ICE MACHINE PIGGY BANK GIVEAWAY
SAT, MAR. 11 vs. PRINCE GEORGE– RED LION RIVER INN BUCK NIGHT & CHEERSTIX GIVEAWAY
WED, MAR. 15 vs. SEATTLE– TICKETSWEST PLAYER MAGNET GIVEAWAY
SAT, MAR. 18 vs. TRI-CITY – COEUR D'ALENE CASINO REGULAR SEASON FINALE

**CALL NATE HOPKINS @ 328-0450 EXT 311 OR E-MAIL
nhopkins@spokanechiefs.com TO ORDER YOUR GROUP TICKETS!**

CHIEFS BIRTHDAY PARTIES!

Lower Level Package \$195 (includes 10 tickets)

Upper Level Package \$165 (includes 10 tickets)

-Coupon for Village Center Cinemas -Team autographed t-shirt

-Visit from Boomer -\$50 in arena bucks -Team Store coupon

Optional Pre-game Party from 4:45p.m. to 5:45p.m. (Additional \$50)

-Birthday boy or girl will high five the Chiefs players before pre-game warm-ups

-A place to bring presents and cake -Inflatable Puck Shoot

**CALL BRI JOSEPH @ (509) 328-0450 EXT 318 OR
E-MAIL bjoseph@spokanechiefs.com TO BOOK YOUR PARTY TODAY!**



SPOKANE BRAVES

2016 HOME SCHEDULE



ALL GAMES PLAYED AT EAGLES ICE ARENA

Saturday, September 10th - 7:00pm vs Nelson (regular)

Sunday, September 11th - 2:00pm vs Grand Forks

Saturday, September 17 - 7:00pm vs Beaver Valley

Friday, September 30 - 7:00pm vs Col Valley

Friday, October 7 - 7:00pm vs Fernie

Saturday, October 8 - 7:00pm vs Beaver Valley

Friday, October 14 - 7:00pm vs Kimberley

Friday, October 28 - 7:00pm vs Golden

Sunday, November 6 - 2:00pm vs Grand Forks

Friday, November 11 - 7:00pm vs Creston

Sunday, November 13 - 2:00pm vs Nelson

Saturday, November 19 - 7:00pm vs Beaver Valley

Friday, November 25 - 7:00pm vs Nelson

Saturday, November 26 - 7:00pm vs Creston

Friday, December 9 - 7:00pm vs Golden

Sunday, December 11 - 2:00pm vs Grand Forks

Friday, December 16 - 7:00pm vs Nelson

Sunday, January 22 - 2:00pm vs Castlegar

Saturday, January 28 - 7:00pm vs Castlegar

Sunday, January 29 - 2:00pm vs Beaver Valley

Friday, February 3 - 7:00pm vs Col Valley

Saturday, February 4 - 7:00pm vs Castlegar

Friday, February 17 - 7:00pm vs Nelson

Saturday, February 18 - 7:00pm vs Castlegar



Kids FREE with each paid adult

\$5 at the door for Adults— Just \$4 for Seniors and Students with ID

Lots of Tunes

Beer Garden

Chuck a Puck

50 / 50

Great Hockey