



Spokane American
Youth Hockey
Association

SPokane JR. CHIEFS

Hockey Players & Parents
This Is The Last Call To Register For The
2016-17 Rate Skate
Avoid The Wait On Saturday
Register NOW!!



September 2016



2016-17 HOUSE DIVISION RATE SKATE SCHEDULE

House Division Registration for the 2016-17 season will open on or before July 1st at

spokaneyouthhockey.com

Payment plans will only be offered through September 1st - register EARLY!

6U Jr. Mite Division	Birth Years 2010, 2011	Saturday, September 17th 10:45 AM - 12:00 Noon Rink 2	and	Sunday, September 18th 10:15 - 11:30 AM Rink 2
8U Sr. Mite Division	Birth Years 2008, 2009	Saturday, September 17th 12:30 - 1:45 PM Rink 1	and	Sunday, September 18th 11:45 - 1:00 PM Rink 2
10U Squirt Division	Birth Years 2006, 2007	Saturday, September 17th 2:00 - 3:15 PM Rink 1	and	Sunday, September 18th 9:00 - 10:15 AM Rink 1
12U Pee Wee Division	Birth Years 2004, 2005	Saturday, September 17th 3:15 - 4:30 PM Rink 2	and	Sunday, September 18th 1:15 - 2:30 PM Rink 2
14U Bantam Division	Birth Years 2002, 2003	Saturday, September 17th 3:30 - 4:45 PM Rink 1	and	Sunday, September 18th 10:30 - 11:45 AM Rink 1
18U Midget Division	Birth Years 98, 99, 00, 01	Saturday, September 17th 5:00 - 6:15 PM Rink 1	and	Sunday, September 18th 12:00 - 1:15 PM Rink 1

Please register early if you'd like to take advantage of our payment plans - no payment plans will be offered after September 1, 2016. Accounts must be paid in full on or before September 17th in order for players to participate in Rate Skate. Please plan to arrive and check in with Spokane Youth Hockey staff at least one hour before your first scheduled skate time. Thank you!

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You shop. Amazon gives.

**Support the Jr.
Chiefs Hockey
Association....
While YOU
Shop!!**

Our **2016-17 House Division registrations** are now open at
www.spokaneyouthhockey.com (under Player Registration)! Please
remember that you must register with USA Hockey for the 2016-17 prior to
registering with Spokane Youth Hockey.

Please have your player available during the registration process. Spokane
Youth Hockey is going paperless this year, so there are areas of the
registration form that will need to be acknowledged by both players and
parents/guardians.

Should you have any questions or concerns, please email our office at
sayha.manager@gmail.com. We will respond to all inquiries within 24 hour

[House Division Programming Guide](#)

2016-17 Mite Academy: High Performance Fun

The Mite Division, for all intents and purposes, is where most of our players enter the sport, and it represents a large age group in our Association. We are proud of our House Development programming and our coaches at the 6U Jr. Mite and 8U Sr. Mite levels - they start our youngest players on the road to success.

At the developmental House Division, we recognize that there are a variety of skill levels - from beginner to those that have been skating since they could walk! Our House Mite Division remains committed to providing age- and skill-appropriate development to all of our players.

Through many discussions this past year, Spokane Youth Hockey recognizes the value in implementing additional Mite Development programming for interested 8U and 6U players who would like to enjoy additional elevated skill-focused practices conducted at a higher tempo in an advanced development environment.



As such, Spokane Youth Hockey is pleased to announce our new 2016-17 Mite Academy. During this 22-week program, participants will enjoy one hour sessions on Wednesday nights from 5:15-6:15 PM under the direction of our Hockey Director, with the assistance of four additional Mite Division coaches. This progressive, engaging and elevated curriculum will focus on puck control, offensive and defensive player support, small area games, skills and skating sessions and scrimmages, all of which will provide the platform to play and compete successfully in age specific situations.

All Spokane Youth Hockey 6U and 8U players who are currently registered for our Mite House Division will have the ability to register for the Mite Academy - there will not be an evaluation or tryout to participate. The Mite Academy can accommodate 30-35 participants, and will be offered on a first come, first served basis through online registration which will open at the same time as our online House Division registration.

In addition to the 22-week progressive curriculum, 2-3 optional cross-ice Canadian AWAY tournaments will be offered to those interested in attending (final roster determinations will be made by the Hockey Director). We are currently looking at tournaments that have both Initiation (6U) and Novice (8U) divisions, and include (but are not limited to) the West Vancouver Thunderstorm Tournament in December and the Mission Minor Hockey Spring Break Showdown in March.¹ The Mite Academy will choose tournaments that do not conflict with House Division regular programming.

The cost of the Mite Academy program will be \$350, and will include a Home Jr. Chiefs Rep Division jersey and socks. These white jerseys will be the same jerseys that our Rep teams use, and as such, players will be able to wear that jersey in the future should they be chosen for a Rep team. Spokane Youth Hockey will maintain a set of Away (red) jerseys for players/teams to use for scrimmages and tournaments so there will not be an additional cost to purchase a second jersey.

Our Mite Academy will begin on September 28, 2016 and run through March 8, 2017 (1 hour a week from 5:15-6:15 PM on Wednesday nights).

Spokane Youth Hockey will be seeking four (4) USA Hockey certified coaches to assist with the Mite Academy and be available to take teams to scheduled tournaments. Assistant coaches will be chosen by our Hockey Director based on an online coaching application, and, if selected, will receive a coaching credit of \$150.

At the conclusion of the Mite Academy, Spokane Youth Hockey is exploring the option of offering a Spring Team opportunity to interested players (with a possible preview camp in late winter). More information to come.

¹ Tournament weekends are subject to change based on tournament availability and scheduling. Tournament fees are not included in the Mite Academy price of \$350 and will be collected based on the number rostered for the tournament.



Thanks to everyone who attended the Fall Clinic this past weekend! Is everyone tuned up, registered and ready to go for our House Division RATE SKATE this weekend!



Attention 6U & 8U Parents!!

SafeSport Certification is available for FREE through USA Hockey. SAYHA recommends that every parent planning on being in the locker room with your player IS SafeSport Certified.

One of the most exciting aspects of the USA Hockey SafeSport Program is the online training/education that is available to help our members become aware of the information necessary to help prevent abuse from occurring in our sport.

We are pleased to announce that all USA Hockey registered coaches, officials, employees and volunteers are entitled to take the training at no cost. The training was produced by the United States Olympic Committee. The training is comprised of short video segments that take approximately 90 minutes to complete, however, not all training needs to be completed in one session. We believe you will find the training very valuable and informative, and strongly encourage you to access the training.

The SafeSport Training and Refresher Training are each valid for two (2) seasons. Thus, if you took the training during the 2014-15 season, it was valid for the 2014-15 and 2015-16 seasons and you will need to complete the SafeSport Refresher course for this 2016-17 season.

The [SafeSport Training](#) and [SafeSport Refresher](#) courses are available all season.

For a parent of a new hockey player the gear can be very intimidating. USA Hockey has some tips to get you started.

ADMkids.com

Also Spokane's newest addition Play It Again Sports just opened and is ready to get your player set up for a successful hockey season.

Check out playitagainsportsspokanewa.com.



Congratulations To Our 2016-17 Rep Players!!

18U Midget A

Dinwoodie, Paxton
Douglas, Jordan
Dow, Tyten
Fraasch, Logan
Little, Garrett
Marsalis, Joey
McCracken, Kevin
Mize, Quentin
Petersen, Keegan
Smith, Nathan
Goalies:
Haack, Justice

10U Squirt A

Coach: Terry Picicci
Berry, Robby
Brannon, Michael
Buell, Lance
Carruthers, Kian
Cordis, Matt
Greiner, Jared
LeBret, Dylan
Pankey, Brayden
Pankey, Bronson
Picicci, Grayson
Ramirez, Ernesto
Rocholl, Miles
Shcherbina, Caleb
Tidd, Colton
Wahlstrom, Nik

10U Squirt B

Coach: Chris Florko
Abrahamson, Cameron
Chauvaud, Eddie
Connor, Quinn
Dalebout, Preston
Decamp, Easton
Ewers, Alex
Florko, Eli
Humphreys, Ben
Leonov, Jeffrey
Miciak, Declan
Mooney, Jastin
Moskalenko, Petr
Olsen, Branson
Patrick, Ryan
Picicci, Samuel
Randall, Jackson
Rinck, Jase



**House Players!!!
Did You Know
Squirts, PeeWees, Bantams & Midgets
Will Now Be Part Of The
Inland Northwest League!!**



SAYHA is excited to announce that they have partnered with Game Gear to offer sublimated rep jerseys for the 2016-17 season. Game Gear jerseys are completely sublimated and will arrive with your players name, number and stop sign already in place. You can navigate to the Jr. Chiefs team store from the Jr. Chiefs E-store link on our homepage or from www.gamegear.com.

In addition to game jerseys, and an alternate 3rd jersey which may be used at the discretion of each individual team, Game Gear has designed a custom team store for the Spokane Jr. Chiefs complete with sublimated hoodies, warmup gear, socks and polo shirts.

Check with your team manager or the SAYHA Equipment Director to try on sample sizes. Every rep player will receive 1 pair of navy/red sublimated hockey socks with the Jr. Chiefs logo to start the season.

ATTENTION PARENTS & MANAGERS:

The new jerseys match the older style rep jerseys and you will not need to order new white or red jerseys if your player's jerseys still fit.

Additionally, there are limited quantities of the old style rep jersey available for purchase. Please check with the SAYHA Equipment Director to purchase older style jerseys still in stock.



Are you a Fred Meyer Customer?

You are now able to link your Rewards Card to SAYHA by following the [link](#). Whenever you use your Rewards Card when shopping at Freddy's, you will be helping that organization earn a donation from Fred Meyer. If you do not have a Rewards Card, you can sign up for one at the Customer Service Desk of any Fred Meyer store.

It's Almost Time For The Wreath Fundraiser To Begin!!

Be on the lookout for Shannon McGehee during rate skate for selling forms and more information! Portion of the proceeds goes directly back to the player!

Team Fundraising

Team Fundraising Request Form (link: <http://www.spokaneyouthhockey.com/forms/12446-Team-Fundraising-Request-Form>) and description:

Spokane Youth Hockey teams may fundraise to cover a variety of team costs (e.g., tournament fees, apparel, additional instructions, team activities, etc.).

All fundraisers must receive approval from the Spokane Youth Hockey Sponsorship Director. Teams must submit requests through this online form prior to the beginning of the fundraiser. Please allow at least one (1) week for approval.

All fundraising income must be deposited with Spokane Youth Hockey. Checks are to be written directly to SAYHA (please provide individual team designations when turning in funds for deposit). Fundraising proceeds will then be used for fundraising expenses with the net proceeds distributed to the team/team members. Should you have questions regarding the distribution of funds, please contact SAYHA Business Manager, Nicole Adams (sayha.manager@gmail.com).

Should you have questions about fundraising opportunities, please contact our SAYHA Sponsorship Director, Shannon McGehee, at sponsorship.sayha@hotmail.com. Thank you!



Off-Ice: The New Pre- and Post-Performance Imperative

09/07/2016, 11:15am MDT

By Mike Doyle

USA Hockey's American Development Model practice plans are meant to maximize the amount of skill development time during on-ice sessions. However, a child's athletic development shouldn't be limited to the time spent on the ice.

For many coaches and parents, the idea of developing young hockey players begins and ends with on-ice practice. Mark Tabrum, director of USA Hockey's Coaching Education Program, believes that in order to make the best players, we must first make the best athletes. This includes age-specific, off-ice training. For many, this might represent an overhaul in traditional hockey training.

"In our culture, parents drop their child off 30 minutes before practice (at most)," Tabrum said. "They have their one-hour practice, and within 10, 15 minutes, kids are gone and out the door."

Redefining "Hockey Practice"

At minimum, a dynamic warmup before hitting the ice and cool-down stretch after can be implemented at any age. In order to truly develop the best possible players, Tabrum thinks coaches, parents and players have to change their outlook towards the meaning of "hockey practice." In order to get the best out of young athletes, he suggests making age-appropriate, off-ice training a part of a team's practice plan – before hitting the ice.

"They're not getting that physical literacy when they're younger," Tabrum said.

Physical literacy is the development of fundamental movement and sport skills. With budgets tightening in schools, funds that were once dedicated to physical education programs are getting cut. Formerly, kids would get fundamental sports development at school. Without the opportunity for children to build fundamental physical skills, they're less likely to hit their full athletic potential later in life.

Tabrum saw the effects firsthand.

"At the beginning of the year, teams will get together at somebody's house and have a barbecue so parents and kids get to know one another," Tabrum said. "Because the weather is nice, [kids will] throw a football or a Frisbee – they're doing these active things. Then you watch them and you realize they can't throw or catch a ball. They haven't developed those muscle groups or developed those skills.

"That's where I noticed it big time."

Continue reading the article [click here](#)

House Divisional and Tournament Coordinator Applications Now Open

HOCKEY GOES ON
...BECAUSE OF YOU.

We're looking for interested volunteers who will help coordinate each of our 2016-17 House Divisions, along with a Tournament Coordinator at each division who will help coordinate our Young American Days Tournaments. There is no prior experience necessary – we will train you up!

As our thank you, we are offering a \$200 player credit for each position (up to two credits per volunteer). We are looking for Divisional Coordinators and Tournament Coordinators for each of the following divisions: 6U Jr. Mite, 8U Sr. Mite, 10U Squirt, 14U Bantam and 18U Midget.

Those interested in these positions can [view and submit the online application](#) which outlines volunteer responsibilities. Please contact SAYHA Business Manager, Nicole Adams, at sayha.manager@gmail.com with any questions. Thank you in advance for your interest – we look forward to working with our Divisional and Tournament Coordinators this season!



USA Hockey is offering a PANAHA CEP Coaching Clinics:

Sept 24 - levels 1 & 2 in Kirkland
Oct 1 & 2 Levels 1, 2 & 3 in Spokane
Oct 8 - Levels 1 & 2 in Everett
Oct 29th - Level 4 in SeaTac
Nov 19th - Levels 1 & 2 in Wenatchee
December 10 & 11 - Levels 1, 2 & 3 in Tacoma
To register [click here](#)



SAYHA WELCOMES KYLE KNUDSEN - DIRECTOR OF GOALTENDING DEVELOPMENT

Posted by [Spokane Youth Hockey](#) on Aug 26 2016 at 07:50PM PDT

On behalf of the Board of Directors, Spokane Youth Hockey is pleased to welcome Kyle Knudsen as our Association's new Director of Goaltending Development.

Kyle has many years of professional goaltending and coaching experience. Growing up in Spokane, and playing his youth hockey years at SAYHA, Kyle knows and understands the changing dynamic of youth hockey today – especially in relation to goaltending instruction. A graduate of the University of Minnesota – Crookston Golden Eagles, Kyle knows what it takes to play and coach at a highly competitive level. Most recently, Kyle has held goalie and assistant coaching positions with Compete Hockey and Coeur d'Alene Hockey Academy.

"Kyle is a great addition to our Spokane Jr. Chiefs staff. Our new Goalie Development Clinic is a much needed piece to the continued development of our young goaltenders," said Neil Runbeck, Director of Hockey Operations. "We're excited to have his professional expertise every week. Kyle will bring structure, leadership, and high-level instruction to our SAYHA goaltenders."

Welcome Kyle – we're looking forward to a great season of Spokane Jr. Chiefs hockey!

HOCKEY EXPERIENCE:

- Played hockey through the Spokane American Youth Hockey Association from the age of Mite all through Midget (1990-2001)
- Played junior hockey for the Liberty Lake Lumberjacks in the Northern Pacific Hockey League 2001-02
- Played for the Sacramento Capitol Thunder in the Western States Hockey League (2002-03)
- Attended and played Junior College for Minot State University-Bottineau Lumberjacks NJCAA (2002-05)
- Transferred to play Div. 3 for University of Minnesota-Crookston Golden Eagles (2005-2007)

COACHING EXPERIENCE:

- Coached 2 years for Crookston Minor Bantam A (2007-09)
- Goalie Coach for Red Lake Falls High School Varsity (2009-10)
- Goalie/Assistant Coach for Spokane Jr Chiefs Bantam U14 AAA (2010-11)
- Goalie/Assistant Coach for Spokane Jr Chiefs Midget U16 AAA (2011-12)
- Goalie/Assistant Coach for Compete Hockey Academy 2012-15
- Goalie/Assistant Coach for Coeur d'Alene Hockey Academy 2015

EDUCATION:

Mead High School-Spokane WA 1997-2001

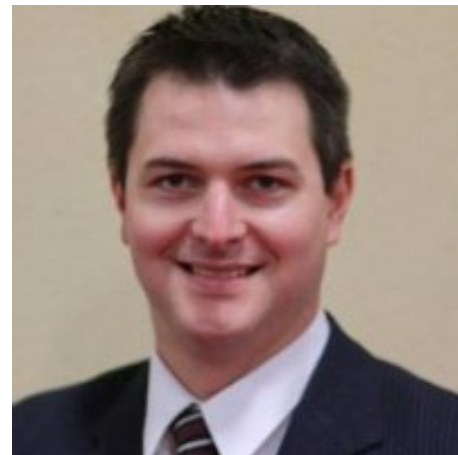
2003–2005 Dakota College at Bottineau (Formerly Minot State University-Bottineau Campus)

Associate Arts Degree

2005-2010 University of Minnesota-Crookston Campus

Major: Bachelors Early Childhood Education

Minor: Coaching



TOURNAMENTS

SAYHA | 6321 North Addison Spokane, WA 99208 | 509.327.7383

Rep Tournaments

Bantam/Midget Rep Jamboree September 23-25, 2016

Midget U16 Tier II - \$975.00

Midget U18 Tier II - \$975.00

Bantam Tier II - \$950.00

Bantam Tier III - \$950.00

*4 teams per division - register early!

Squirt Winterfest

December 2-4, 2016

Squirt Tier II - \$1,150.00

Squirt Tier III - \$1,150.00

Pee Wee Challenge

February 24-26, 2017

Pee Wee Tier II - \$1,150.00

Pee Wee Tier III - \$1,150.00

House Tournaments Young American Days

Squirt|Atom - Nov. 11-13, 2016
\$850.00

Midget - January 6-8, 2017
\$1,000.00

Bantam - January 20-22, 2017
\$950.00

Pee Wee - Feb. 10-12, 2017
\$900.00

Mite 4 on 4 Cross Ice Classic
March 10-12, 2017
Sr. Mite|Novice 8U - \$550.00
Jr. Mite|Initiation 6U - \$500.00



Tournament Information

The Spokane Americans Youth Hockey Association is pleased to host a number of tournaments for both rep and house teams for the upcoming 2016-17 season. If you have tournament questions, please contact our SAYHA Business Manager, Nicole Adams, at SAYHA.manager@gmail.com. Please see our website at spokaneyouthhockey.com for registration information. Register early - space is limited! We look forward to hosting you!

Traveling Teams

We appreciate how busy coaches and team managers are these days. That's why we are pleased to partner with Traveling Teams. Upon registering for a Spokane Youth Hockey tournament, Traveling Teams will contact your team management and take care of everything related to your team's hotel stay here in Spokane from beginning to end! No more calling around - you'll get the best rates from our Spokane Youth Hockey host hotels through Traveling Teams.

Register your team at www.spokaneyouthhockey.com

Thank You! We'll see you at the rink!

We trust that this season will be a great one! Our volunteer Board of Directors meets on the second Thursday of the month at 6 PM at Eagles Ice-A-Rena (the Conference Room above Rink 2 if not otherwise posted). If you have any questions or concerns, please don't hesitate to contact us.



President – **Casey Lund**
Vice President – **Brad Moon**
Secretary – **Andy Buell**
Treasurer – **Eric Inabinet**
Disciplinary Director – **Darwin Bleth**
Tournament Director – **Vacant**
Sponsorship Director - **Shannon McGehee**
Equipment Director - **Alex Morris**
Player Safety Coordinator - **Neil Wahlstrom**
SafeSport Coordinator – **Darwin Bleth**
Rep Coaching Director – **Kevin Dow**
House Coaching Director – **Frank Lukas**
PNAHA Representative - **Brad Moon**
SAYHA Newsletter Editor - **Amy Stolz**
SAYHA Public Relations - **Katie Powell**

SAYHA STAFF:

SAYHA Director of Hockey Operations and Coach-in-Chief: **Neil Runbeck**

SAYHA Business Manager/Registrar: **Nicole Adams**

Please direct any registration questions directly to Nicole Adams via email.
If you have questions for a board member, volunteer or SAYHA staff member, please allow 24 hours for a response during the regular business week.

Spokane Jr Chiefs



@JrChiefsHockey



GAME OF THE MONTH PACKAGE

- Featuring the 5 biggest games of the season.
- Exclusive All-You-Can-Eat food and drinks before the game from 6-7:30 in the Integra Telecom meeting rooms.
- Guaranteed the same great seats for all 5 games.

Includes the following games:

- *Saturday, Oct. 1 Opening Night vs. Tri-City*
- *Saturday, Nov. 5 vs. Tri-City*
- *Friday, Dec. 9 Teddy Bear Toss Night vs. Kootenay*
- *Saturday, Jan. 21 Military Themed Jersey Night vs. Kootenay*
- *Saturday, Feb. 25 Breast Cancer Awareness Night vs. Tri-City*

PRICING:

	OPTION WITH FOOD	WITHOUT FOOD
YELLOW LEVEL: (EXCLUDING SECTIONS 103-104, 116-117)	\$130 per seat	\$90 per seat
RED LEVEL:	\$125 per seat	\$85 per seat
BLUE LEVEL:	\$110 per seat	\$70 per seat





SPOKANE BRAVES

2016 HOME SCHEDULE



ALL GAMES PLAYED AT EAGLES ICE ARENA

Saturday, September 10th - 7:00pm vs Nelson (regular)
Sunday, September 11th - 2:00pm vs Grand Forks
Saturday, September 17 - 7:00pm vs Beaver Valley
Friday, September 30 - 7:00pm vs Col Valley

Friday, October 7 - 7:00pm vs Fernie
Saturday, October 8 - 7:00pm vs Beaver Valley
Friday, October 14 - 7:00pm vs Kimberley
Friday, October 28 - 7:00pm vs Golden

Sunday, November 6 - 2:00pm vs Grand Forks
Friday, November 11 - 7:00pm vs Creston
Sunday, November 13 - 2:00pm vs Nelson
Saturday, November 19 - 7:00pm vs Beaver Valley
Friday, November 25 - 7:00pm vs Nelson
Saturday, November 26 - 7:00pm vs Creston

Friday, December 9 - 7:00pm vs Golden
Sunday, December 11 - 2:00pm vs Grand Forks
Friday, December 16 - 7:00pm vs Nelson

Sunday, January 22 - 2:00pm vs Castlegar
Saturday, January 28 - 7:00pm vs Castlegar
Sunday, January 29 - 2:00pm vs Beaver Valley

Friday, February 3 - 7:00pm vs Col Valley
Saturday, February 4 - 7:00pm vs Castlegar
Friday, February 17 - 7:00pm vs Nelson
Saturday, February 18 - 7:00pm vs Castlegar



Kids FREE with each paid adult

\$5 at the door for Adults— Just \$4 for Seniors and Students with ID

Lots of Tunes

Beer Garden

Chuck a Puck

50 / 50

Great Hockey



From the wintery world of Disney's FROZEN to the undersea kingdom of THE LITTLE MERMAID, the newest Disney on Ice production has beloved characters for everyone! **Disney on Ice Presents Worlds of Enchantment**, combining lavish costumes, world-class ice skaters and wonderful music to create an unforgettable show. Sing and dance with Mickey, Minnie, Elsa, Olaf, the Toy Story gang and more of your favorites! Worlds of Enchantment skates into the Spokane Arena, October 27-30, 2016.

Maximize your entertainment dollar by taking advantage of group ticket discounts. Purchase 10 or more tickets and enjoy up to 20% off the ticket price. Great entertainment and a great value for your family!
Don't delay, Disney on Ice productions are always popular and tickets are going fast!

For group tickets please contact Gina Campbell at 509.954.1722 or email gmfmccampbell@hotmail.com