

Spokane American Youth Hockey Association

SAYHA Newsletter

July 2016



Reminder:

Rep Registration Fees Increase On August 1st

Register Before August 1st

Welcome Neil Runbeck, SAYHA Director Of Operations/ Coach In Chief

The Spokane Jr. Chiefs have hired Neil Runbeck as their first ever Director of Hockey Operations | Coach in Chief.

With an amazing group of candidates from the US, Canada and Europe, the SAYHA Hockey Director Hiring Committee had a difficult task selecting from such a talented group of individuals. Supported by our Board of Directors, and our own Spokane Jr. Chiefs players who skated at the on ice interviews, we appreciate all of the work put in by the committee. We have no doubt that Neil will be a tremendous addition to SAYHA as we usher in a new chapter of youth hockey here in Spokane.

Most recently Neil has served as the Assistant Director of Hockey Operations for the Boulder Hockey Club in Boulder, Colorado. During that time he obtained his Level 5 Coaching Certification and completed the NARCE Hockey Director Certification.

It was clear during the interview process that Neil has an incredible passion for youth hockey and we are excited about what he brings to the Spokane Jr. Chiefs. On behalf of the Board of Directors, please join us in welcoming Neil and Jessica to Spokane.

Education:

Colorado State University, MBA (2015)

College of St. Scholastica, BS Computer Science / Information Systems (2002)

Coaching Experience:

Boulder Hockey Club 2012-2016 Rocky Mountain Rough Riders 2013-2016 Monarch High School 2012-2016 Aspen High School 2011-2012 Hockey Fritids (Sweden) 2010-2011 Aspen Junior Hockey 2007-2010

Playing Experience:

Lenhovda IF (Sweden) 2010-2011 College of St. Scholastica 1998-2002 Irondale High School 1995-1998



Contact Info: Neilrunbeck@gmail.com, 480-993-8930m / 509-327-7383w



Our **2016-17** Rep and House Division registrations are now open at www.spokaneyouthhockey.com (under Player Registration)! Please remember that you must register with USA Hockey for the 2016-17 prior to registering with Spokane Youth Hockey. Please have your player available during the registration process. Spokane Youth Hockey is going paperless this year, so there are areas of the registration form that will need to be acknowledged by both players and parents/guardians.

Please register early! Rep Division Evaluation fees will increase after August 1st.

In our House Division, we are offering payment plans, so the earlier you register, the more time you have to make your next payment (no payment plans will be offered after September 1).

Should you have any questions or concerns, please email our office at **sayha.manager@gmail.com**. We will respond to all inquiries within 24 hours.



Support the Jr. Chiefs Hockey Association...

While YOU Shop!!



2016-17 REP DIVISION PLAYER EVALUATION SCHEDULE

Early registration opens July 1st at spokaneyouthhockey.com
Evaluations will be held at Eagles Ice-A-Rena:
6321 North Addison Spokane, WA 99208 - Rink 1

ion	Squirt A Coach Terry Picicci	Birth Years 2006, 2007	Monday, August 8, 2016 4:00-5:15 PM	and	Tuesday, August 9, 2016 4:00-5:15 PM
AA/A Division	Pee Wee A Coach Deke Adams	Birth Years 2004, 2005	Monday, August 8, 2016 5:30-6:45 PM	and	Tuesday, August 9, 2016 5:30-6:45 PM
	Bantam AA Coach Neil Runbeck	Birth Years 2002, 2003	Monday, August 8, 2016 7:00-8:15 PM	and	Tuesday, August 9, 2016 7:00-8:15 PM
	Midget AA U16 Coach Brad Baker	Birth Years 2000, 2001	Monday, August 8, 2016 8:30-9:45 PM	and	Tuesday, August 9, 2016 8:30-9:45 PM
	Squirt B Coach Chris Florko	Birth Years 2006, 2007	Wednesday, August 10, 2016 4:00-5:15 PM	and	Thursday, August 11, 2016 4:00-5:15 PM
Division	Pee Wee B Coach Norm Lochten	Birth Years 2004, 2005	Wednesday, August 10, 2016 5:30-6:45 PM	and	Thursday, August 11, 2016 5:30-6:45 PM
	Bantam A Coach Derek Hennessy	Birth Years 2002, 2003	Wednesday, August 10, 2016 7:00-8:15 PM	and	Thursday, August 11, 2016 7:00-8:15 PM
	Midget A U18	Birth Years 98, 99, 00, 01	Wednesday, August 10, 2016 8:30-9:45 PM	and	Thursday, August 11, 2016 8:30-9:45 PM
2	Bantam Select Coach Eric Goblick	Birth Years 2002, 2003	Sunday, August 14, 2016 6:45-8:00 PM		

Concussion Identification

"Hello everyone---here we are in July, one month away from Rep tryouts and soon thereafter rate skate for the upcoming season. Should be an exciting year with players, coaches and families geared up for another fun season. Coaches and parents.....here is a <u>link</u> to a CDC app regarding concussion identification. Simply meant to be an additional resource as we aim to keep our skaters safe". –Neil Walstrom- Player Safety



2016-17 HOUSE DIVISION RATE SKATE SCHEDULE

House Division Registration for the 2016-17 season will open on or before July 1st at spokaneyouthhockey.com

Payment plans will only be offered through September 1st - register EARLY!

6U Jr. Mite Division	Birth Years 2010, 2011	Saturday, September 17th 10:45 AM - 12:00 Noon Rink 2	and	Sunday, September 18th 10:15 - 11:30 AM Rink 2
8U Sr. Mite Division	Birth Years 2008, 2009	Saturday, September 17th 12:30 - 1:45 PM Rink 1	and	Sunday, September 18th 11:45 - 1:00 PM Rink 2
10U Squirt Division	Birth Years 2006, 2007	Saturday, September 17th 2:00 - 3:15 PM Rink 1	and	Sunday, September 18th 9:00 - 10:15 AM Rink 1
12U Pee Wee Division	Birth Years 2004, 2005	Saturday, September 17th 3:15 - 4:30 PM Rink 2	and	Sunday, September 18th 1:15 - 2:30 PM Rink 2
14U Bantam Division	Birth Years 2002, 2003	Saturday, September 17th 3:30 - 4:45 PM Rink 1	and	Sunday, September 18th 10:30 - 11:45 AM Rink 1
18U Midget Division	Birth Years 98, 99, 00, 01	Saturday, September 17th 5:00 - 6:15 PM Rink 1	and	Sunday, September 18th 12:00 - 1:15 PM Rink 1

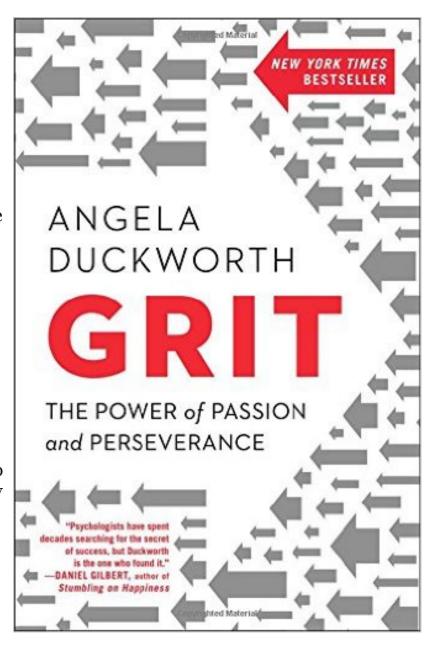
Please register early if you'd like to take advantage of our payment plans - no payment plans will be offered after September 1, 2016. Accounts must be paid in full on or before September 17th in order for players to participate in Rate Skate. Please plan to arrive and check in with Spokane Youth Hockey staff at least one hour before your first scheduled skate time. Thank you!



USA Hockey is offering a CEP Level 4
Coaching
Clinic in Seattle October 28th-30th.
Check out this link for more
Information or to register,
USA Hockey Coaching Clinic Level 4

Why do some people succeed and others fail? Sharing new insights from her landmark research on grit, MacArthur "genius" Angela Duckworth explains why talent is hardly a guarantor of success. Rather, other factors can be even more crucial such as identifying our passions and following through on our commitments.

Drawing on her own powerful story as the daughter of a scientist who frequently bemoaned her lack of smarts. Duckworth describes her winding path through teaching, business consulting, and neuroscience, which led to the hypothesis that what really drives success is not "genius" but a special blend of passion and long-term perseverance. As a professor at the University of Pennsylvania, Duckworth created her own "character lab" and set out to test her theory.



Here, she takes readers into the field to visit teachers working in some of the toughest schools, cadets struggling through their first days at West Point, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to the cartoon editor of *The New Yorker* to Seattle Seahawks Coach Pete Carroll.

Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how *that*—not talent or luck—makes all the difference.

The Registration Process: Step by Step

Registration for the 2016-17 season will be open on or before July 1st on our website at www.spokaneyouthhockey.com.

- Annual registration for your player's 2016-17 USA Hockey membership is now open online. Please visit www.usahockey.com to complete this annual registration and make note of your player's confirmation number - you will need it to begin the registration at Spokane Youth Hockey. To find out more about how to register online with USA Hockey, please click here.
- After finishing up at USA Hockey, head to our website and click on the Player Registration tab. Begin the registration process by adding your player's 2016-17 USA Hockey confirmation number.
- 3. Follow the online instructions. In addition to entering your player's information, you will be asked to make the following acknowledgements with the registration. You may review these documents below:
 - USA Hockey Consent to Treat/Medical History Form
 - USA Hockey Player Code of Conduct
 - Spokane Youth Hockey/USA Hockey Parent Code of Conduct
 - Spokane Youth Hockey Concussion Information Acknowledgment

These forms will be acknowledged electronically as read and received during the registration process. At the first team meeting, hard copies of these forms will be filled out and collected by the Team Manager and added to the team's Credentials binder and/or filed with Spokane Youth Hockey.

4. Pay the tryout fee. Spokane Youth Hockey uses PayPal to collect this fee, but you need not have a PayPal account - you can also pay with a credit or debit card.

Log in to your PayPal	account	PayPal
Email address		
Password		
Log In		
Problem with login?		

- 5. Once your payment is processed, you will receive a confirmation from PayPal, as well as an acknowledgement from Spokane Youth Hockey. Your player's registration is complete and we look forward to seeing you at the evaluations!
- 6. Note: Prices will increase on August 1st, so please register early! Walk in registrations are always welcome, but in order to ensure your player's information is included on the tryout roster in a timely and efficient manner, we do recommend early registration.

Players Transferring to Spokane Youth Hockey: Welcome! We're happy to have you in our organization. During the registration process, please let us know where you are from. Additionally, we will need a Player Release from your current Association, which will indicate that your player is leaving that Association in good standing, with no outstanding fees or dues owed or any disciplinary issues pending. This letter, signed by the Association's Registrar, will need to be forwarded to our Spokane Youth Hockey Registrar via email.

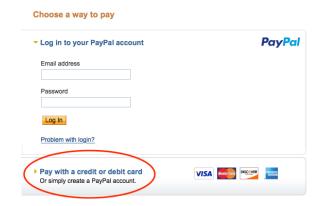
The Registration Process: Step by Step

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- 1. Annual registration for your player's 2016-17 USA Hockey membership is now open online. Please visit www.usahockey.com to complete this annual registration and make note of your player's confirmation number you will need it to begin the registration at Spokane Youth Hockey. To find out more about how to register online with USA Hockey, please click here.
- 2. After finishing up at USA Hockey, head to our website and click on the Player Registration tab. Begin the registration process by adding your player's 2016-17 USA Hockey confirmation number.
- 3. Follow the online instructions. In addition to entering your player's information, you will be asked to make the following acknowledgements with the registration. You may review these documents below:
 - USA Hockey Consent to Treat/Medical History Form
 - USA Hockey Player Code of Conduct
 - Spokane Youth Hockey/USA Hockey Parent Code of Conduct
 - Spokane Youth Hockey Concussion Information Acknowledgment

These forms will be acknowledged electronically as read and received during the registration process. At the first team meeting, hard copies of these forms will be filled out and collected by the Team Manager and filed with Spokane Youth Hockey.

4. Pay the registration fee. You can review the options on page 5 of this guide. Spokane Youth Hockey uses PayPal to collect this fee, but you need not have a PayPal account you can also pay with a credit or debit card.



- 5. Once your payment is processed, you will receive a confirmation from PayPal, as well as an acknowledgement from Spokane Youth Hockey. Your player's registration is complete and we look forward to seeing you at Rate Skate!
- 6. Remember that if you use the payment plan option, your second payment is due on or before Rate Skate (September 17th) no exceptions. Your player will not be allowed to participate if payment has not been received. Full details, including how to pay online and where to mail your payment, is included on page 5 of this guide.
- 7. Note: Walk in registrations are always welcome, but in order to ensure your player's information is included on the Rate Skate roster in a timely and efficient manner, we do recommend early registration.

Players Transferring to Spokane Youth

Hockey: Welcome! We're happy to have you in our organization. During the registration process, please let us know where you are from. Additionally, we will need a Player Release from your current Association, which will indicate that your player is leaving that Association in good standing, with no outstanding fees or dues owed or any disciplinary issues pending. This letter, signed by the Association's Registrar, will need to be forwarded to our Spokane Youth Hockey Registrar via email.



New This Season!

The **Spokane Youth Hockey Mite Academy** registration is now open!

During this 22-week program, participants will enjoy one hour sessions on Wednesday nights from 5:15-6:15 PM under the direction of our Hockey Director. This progressive, engaging and elevated curriculum will focus on puck control, offensive and defensive player support, small area games, skills and skating sessions and scrimmages, all of which will provide the platform to play and compete successfully in age specific situations. All Spokane Youth Hockey 6U and 8U players who are registered for our Spokane Youth Hockey Mite House Division will have the ability to register for the Mite Academy – there will not be an evaluation or tryout to participate. The Mite Academy can accommodate 30-35 participants, and will be offered on a first come, first served basis through online registration at www.spokaneyouthhockey.com.

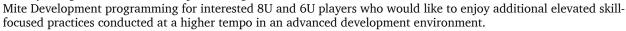
Should you have any questions or concerns, please email our office at sayha.manager@gmail.com. We will respond to all inquiries within 24 hours.

2016-17 Mite Academy: High Performance Fun

The Mite Division, for all intents and purposes, is where most of our players enter the sport, and it represents a large age group in our Association. We are proud of our House Development programming and our coaches at the 6U Jr. Mite and 8U Sr. Mite levels - they start our youngest players on the road to success.

At the developmental House Division, we recognize that there are a variety of skill levels - from beginner to those that have been skating since they could walk! Our House Mite Division remains committed to providing age- and skill-appropriate development to all of our players.

Through many discussions this past year, Spokane Youth Hockey recognizes the value in implementing additional





All Spokane Youth Hockey 6U and 8U players who are currently registered for our Mite House Division will have the ability to register for the Mite Academy - there will not be an evaluation or tryout to participate. The Mite Academy can accommodate 30-35 participants, and will be offered on a first come, first served basis through online registration which will open at the same time as our online House Division registration.

In addition to the 22-week progressive curriculum, 2-3 optional cross-ice Canadian AWAY tournaments will be offered to those interested in attending (final roster determinations will be made by the Hockey Director). We are currently looking at tournaments that have both Initiation (6U) and Novice (8U) divisions, and include (but are not limited to) the West Vancouver Thunderstorm Tournament in December and the Mission Minor Hockey Spring Break Showdown in March. The Mite Academy will choose tournaments that do not conflict with House Division regular programming.

The cost of the Mite Academy program will be \$350, and will include a Home Jr. Chiefs Rep Division jersey and socks. These white jerseys will be the same jerseys that our Rep teams use, and as such, players will be able to wear that jersey in the future should they be chosen for a Rep team. Spokane Youth Hockey will maintain a set of Away (red) jerseys for players/teams to use for scrimmages and tournaments so there will not be an additional cost to purchase a second jersey.

Our Mite Academy will begin on September 28, 2016 and run through March 8, 2017 (1 hour a week from 5:15-6:15 PM on Wednesday nights).

Spokane Youth Hockey will be seeking four (4) USA Hockey certified coaches to assist with the Mite Academy and be available to take teams to scheduled tournaments. Assistant coaches will be chosen by our Hockey Director based on an online coaching application, and, if selected, will receive a coaching credit of \$150.

At the conclusion of the Mite Academy, Spokane Youth Hockey is exploring the option of offering a Spring Team opportunity to interested players (with a possible preview camp in late winter). More information to come.

¹ Tournament weekends are subject to change based on tournament availability and scheduling. Tournament fees are not included in the Mite Academy price of \$350 and will be collected based on the number rostered for the tournament.

Steps to Becoming a USA Hockey Coach

The differences between a good coach and a great one may be subtle, but they can make a world of difference to players. While knowledge of the game, ability to demonstrate drills and organizational skills are important, we also want our coaches to mentor our players - teaching them to be great teammates, leaders and awesome kids - on and off the ice.

Since 1974, USA Hockey has offered a Coaching Education Program to train our volunteer coaches in the technical, administrative and humanistic skills necessary to work with youth athletes. The USA Hockey Coaching Program is widely recognized within the U.S. Olympic community as one of the best training programs of its type. USA Hockey commits over #1 million to this program annually to maintain and enhance its curriculum and materials. This investment is based on three significant points which are universally accepted in the U.S. amateur hockey community:

- Quality coaching is the single most important factor in the development of athletes and the sport itself.
- The experiences a player gains as s/he participates in hockey are directly influenced by the coach's qualifications and their educational background.
- Recognizing that a wide variety of people are engaged in coaching youth hockey, for a variety of reasons, the education
 program must be kept simple, practical, age-specific and user friendly.

To become a Spokane Youth Hockey coach, USA Hockey and the Coaching Education Program require both certification and registration to be eligible to coach. Registration is done online on a yearly basis. Certification is also required. A few basic steps/requirements are as follows:

USA Hockey Requirements (Must be completed before participating in any team activities).

- Register as a member of USA Hockey (cost is \$40 plus any affiliate fees). Click here for more information.
- * Successfully complete and pass the affiliate background screening. Click here for more information.
- Complete the USA Hockey Safe Sport Training (required every two years). Click here for more information.
- Successfully complete and pass a Washington State Patrol background check. Click here for more information.

Coaching Education Program Requirements (Must be completed by Dec. 31)

- Find, register and attend the required certification clinic. (Cost is \$40 plus any lunch fees if applicable) You can only attend one clinic per season and all coaches start at Level 1. (The coaching clinic season for Levels 1-3 officially runs from September 1 to December 31). Click here to find a clinic.
- Complete the online age-specific module(s) for the age level of play you are coaching. (Cost is \$10 per module) (The online modules are available from September 1 to December 31.) Click here for the modules.

If you are interested in applying to be a Spokane Youth Hockey coach, applications are now being accepted. Spokane Youth Hockey offers a \$200 player credit for all Head Coaches, and reimbursement of applicable fees for all coaches who are named as Head Coaches or Assistant Coaches for the current season.

On ice volunteers (those not interested in becoming a coach, but can skate and would like to help out) are extremely important to help the coaches and assistant coaches with managing and setting up stations. Additionally, each team is required to have a team manager. If you are interested in either of these roles, please complete these basic requirements:

- Register as an on ice manager/volunteer at USA Hockey (there is no cost). Click here for more information.
- Successfully complete and pass the affiliate background screening. Click here for more information.
- Complete the USA Hockey Safe Sport Training (required every two years). Click here for more information.
- Successfully complete and pass a Washington State Patrol background check. Click here for more information.



2016-17 Season

TOURNAMENTS

SAYHA | 6321 North Addison Spokane, WA 99208 | 509.327.7383

Rep Tournaments

Bantam/Midget Rep Jamboree September 23-25, 2016

Midget U16 Tier II - \$975.00 Midget U18 Tier II - \$975.00 Bantam Tier II - \$950.00 Bantam Tier III - \$950.00 *4 teams per division - register early!

Squirt Winterfest December 2-4, 2016

Squirt Tier II - \$1,150.00 Squirt Tier III - \$1,150.00

Pee Wee Challenge February 24-26, 2017

Pee Wee Tier II - \$1,150.00 Pee Wee Tier III - \$1,150.00

House Tournaments Young American Days

Squirt|Atom - Nov. 11-13, 2016 \$850.00

Midget - January 6-8, 2017 \$1,000.00

Bantam - January 20-22, 2017 \$950.00

Pee Wee - Feb. 10-12, 2017 \$900.00

Mite 4 on 4 Cross Ice Classic March 10-12, 2017

Sr. Mite|Novice 8U - \$550.00 Jr. Mite|Initiation 6U - \$500.00



Tournament Information

The Spokane Americans Youth Hockey Association is pleased to host a number of tournaments for both rep and house teams for the upcoming 2016-17 season. If you have tournament questions, please contact our SAYHA Business Manager, Nicole Adams, at SAYHA.manager@gmail.com. Please see our website at spokaneyouthhockey.com for registration information. Register early - space is limited! We look forward to hosting you!

Traveling Teams

We appreciate how busy coaches and team managers are these days. That's why we are pleased to partner with Traveling Teams. Upon registering for a Spokane Youth Hockey tournament, Traveling Teams will contact your team management and take care of everything related to your team's hotel stay here in Spokane from beginning to end! No more calling around - you'll get the best rates from our Spokane Youth Hockey host hotels through Traveling Teams.

Register your team at www.spokaneyouthhockey.com



The first nationwide Try Hockey for Free Day will be hosted by Spokane Youth Hockey on **Saturday**, **November 12**, **2016** as part of Come Play Hockey Month. The second opportunity will occur on **Saturday**, **February 25**, **2017** during Hockey Week Across America. New families can register their 4-9 year old skater at **www.tryhockeyforfree.com** beginning in September!

Thank You! We'll see you at the rink!

We trust that this season will be a great one! Our volunteer Board of Directors meets on the second Thursday of the month at 6 PM at Eagles Ice-A-Rena (the Conference Room above Rink 2 if not otherwise posted). If you have any questions or concerns, please don't hesitate to contact us.



President – **Casey Lund**Vice President – **Brad Moon**Secretary – **Andy Buell**

Treasurer – Eric Inabinet

Disciplinary Director - Darwin Bleth

Tournament Director - Vacant

Sponsorship Director - Shannon McGehee

Equipment Director - Alex Morris

Player Safety Coordinator - Neil Wahlstrom

SafeSport Coordinator - Darwin Bleth

Rep Coaching Director – **Kevin Dow**

House Coaching Director - Frank Lukas

PNAHA Representative - Brad Moon

SAYHA Newsletter Editor - Amy Stolz

SAYHA Public Relations - Katie Powell

SAYHA STAFF:

SAYHA Director of Hockey Operations and Coach-in-Chief: **Neil Runbeck** SAYHA Business Manager/Registrar: **Nicole Adams**

Please direct any registration questions directly to Nicole Adams via email. If you have questions for a board member, volunteer or SAYHA staff member, please allow 24 hours for a response during the regular business week.

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Spokane Jr Chiefs



@JrChiefsHockey



GAME OF THE MONTH PACKAGE

- Featuring the 5 biggest games of the season.
- Exclusive All-You-Can-Eat food and drinks before the game from 6-7:30 in the Integra Telecom meeting rooms.
- Guaranteed the same great seats for all 5 games.

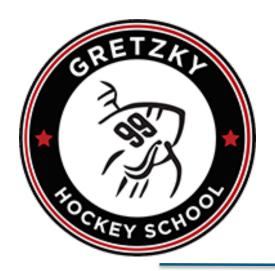
Includes the following games:

- Saturday, Oct. 1 Opening Night vs. Tri-City
- Saturday, Nov. 5 vs. Tri-City
- Friday, Dec. 9 Teddy Bear Toss Night vs. Kootenay
- Saturday, Jan. 21 Military Themed Jersey Night vs. Kootenay
- Saturday, Feb. 25 Breast Cancer Awareness Night vs. Tri-City

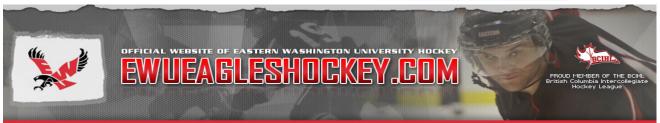
PRICING:

	OPTION WITH FOOD	WITHOUT FOOD
YELLOW LEVEL:	\$130 per seat	\$90 per seat
(EXCLUDING SECTIONS 103-	·104, 116-117)	<u>-</u>
RED LEVEL:	\$125 per seat	\$85 per seat
BLUE LEVEL:	\$110 per seat	\$70 per seat





The Gretzky Hockey School is offering a camp in Coeur D'Alene August 1st-5th. For more information on this opportunity please click on this link, Gretzky Hockey Camp



EWU Hockey Youth Hockey Camp Open to ages 8-14 August 20-21

For more information check out ewueagleshockey.com

Compete Hockey is holding a Summer Goalie Camp @ Frontier Ice Arena in Coeur D'Alene August 8th-12th. For more information & to register <u>click here</u>



New to Spokane is the Power Edge Pro Camp brought to you by Cam Severson. This camp is for Skaters & Goalies. Camp will be held August 15th-19th @ Eagles Ice A-Rena. For more information or to register <u>click here</u>

Spokane Braves Looking For Host Families



HOST FAMILY APPLICATIONS NOW BEING ACCEPTED

Host families are extremely important to the Spokane Braves as they provide a 'home away from home' for our out of town players during the season. Being a host family can be a very exciting and rewarding experience for those willing to open their homes to the players on the team.

In most cases, very strong bonds are made between the player and his host family, as well as the player's family. These relationships will often carry on for years after the player has left the team.

If you or your family are interested in the possibility of becoming a Spokane Braves host family or would like more information, please contact: Kris Sargent at (509) 990-3988 or Gary Redding at (509) 979-2739. Either will be happy to discuss the aspects of hosting a player and welcome you to the Spokane Braves hockey family!