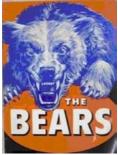
Lemont Bears Wrestling Club LBWC



The Lemont Bears Wrestling Club is a youth based wrestling club open to grade school children.

<u>Mission</u>

The Mission of the Lemont Bears Wrestling Club is to operate exclusively for charitable and educational purposes, and to foster a quest for excellence by creating an educational and competitive experience within the atmosphere of sportsmanship and personal development. Successful programs develop individual and team potential by promoting high standards of competence, character, civility, and citizenship. We strive to enrich our athlete's lives by maintaining an atmosphere that is safe, friendly and fun while developing skills that are necessary in a highly competitive sport. We are committed to the health and well-being of the community and its children and to providing for a vehicle to combat community deteriorization and juvenile delinquency. Our board of directors, officers, and coaching staff promise to demonstrate professionalism and integrity in everything they do. We encourage excellence by supporting innovation, initiative, and personal growth. We will work as a team treating everyone with respect and support. We will also support the concept that "The individual performance does matter".

<u>Goals</u>

A child in a quality programs develops COMPETENCE through superior coaching in the areas of:

- Skill development
- Development of knowledge of the wrestling sport, strategies, fitness, conditioning and health behavior.

A child in a quality program demonstrates CHARACTER in the areas of:

- Responsibility
- Accountability
- Dedication
- Trustworthiness and Fairplay
- Self-Control

A child in a quality program demonstrates CIVILITY to others, showing:

- Respect
- Fairness
- Caring

A child in a quality program demonstrates CITIZENSHIP through actions showing evidence of:

- Loyalty and Commitment
- Teamwork
- Role modeling