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- 2011 Roster
- **FAN Store**
- Red Hawks
- **Medical Insurance**
- Sponsorship
- <u>Partners</u>
- **Uniform Provider**
- Contact Us

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News and Announcements



#### Last Exhibition Game of the Season Set for October 2

Posted by Nor Cal Red Hawks at 01:29PM PDT (O Comments)

The last Red Hawks Sixxes Exhibition Game of the season is set for October 2, 2010 in Reno, NV.

This is a Red Hawks Event for the purpose of getting player interest in the Reno, NV area for a new Reno Women's Six-man Tackle Football team for the IWFL 2011 regular season.

Please be sure to check out our Team Development website at <a href="http://www.sixxesfootball.com">http://www.sixxesfootball.com</a> for more information.

The Nor Cal Red Hawks will play against the Ventura Black Widows at Idlewild Park, Kick off 2pm. Admission is FREE.

Both teams will be staying at the Comfort Inn & Suites Airport, Reno, NV.

For more information, Email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a>.



### Red Hawks Take a Road Trip

Posted by Nor Cal Red Hawks at 11:11PM PDT

The Nor Cal Red Hawks will travel on Friday to Long Beach, where they will play against the California Quake in a Sixxes Exhibition Football Game this Saturday, September 11th. Kick-off 3:30pm at Ham Park in Lynwood, CA.

Though the California Quake is a Tier 1, 11-man tackle team, they are familiar with Sixxes (6-man) and will help promote the sport with the Nor Cal Red Hawks as an introduction to Tier 3 for the IWFL 2011 season.

Nor Cal Red Hawks Players making the trip:

- # 4 Brenda Vermette (Saturday's Game #75)
- # 7 Abbi Novotny
- #13 Amber Pursell
- #25 Dominique Ewell
- #27 Jeana Buhs
- #70 Marina Beebe
- #94 Sharon Seirer

Staff: Nancy Kozicki, William Seirer, Brian Muse and Bj Coletta.

To learn more about the California Quake visit www.californiaquakefootball.com or the Independent Women's Football League (IWFL) www.iwflsports.com.

SPECIAL THANKS to Carol Deitrich, who is our Transportation Sponsor for this weekends game.

Note: WE ARE STILL RECRUITING PLAYERS!!

Email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a> for more information.

Come to our next scheduled Practice, Saturday September 18th.

Check Schedule for details.



## Sixxes Teams Wanted!!

Posted by Nor Cal Red Hawks at 04:49PM PDT

The Nor Cal Red Hawks, located in the Sacramento, CA area is looking for women's six-man tackle football teams for Division Development in Washington, Oregon, California, Nevada and Arizona for the Independent Women's Football League (IWFL).

If you would like more information on Sixxes Football, please contact sixxesfootball@gmail.com.

To contact the IWFL directly, go to <a href="http://www.iwflsports.com">http://www.iwflsports.com</a>.



# Scrimmage Set Saturday, September 11

Posted by <u>Nor Cal Red Hawks</u> at 11:38PM PDT

The Nor Cal Red Hawks will take a drive south to Long Beach, CA from Sacramento, so they can play a friendly scrimmage on Saturday, September 11.

The California Quake agreed to play the Nor Cal Red Hawks so that the Red Hawks could experience their actual first Sixxes Tournament.

The first game that the Red Hawks played was against the Ventura Black Widows, but played an 8-man style, losing 46-7.

Though the California Quake is a Tier 1, 11-man tackle team, they are familiar with Sixxes (6-man) and will help promote the sport with the Nor Cal Red Hawks as an introduction to Tier 3 for the IWFL 2011 season.

To learn more about the California Quake visit <a href="www.californiaquakefootball.com">www.iwflsports.com</a>. Football League (IWFL) <a href="www.iwflsports.com">www.iwflsports.com</a>.



### Still in Exhibition Season

Posted by Nor Cal Red Hawks at 07:43PM PDT

The Nor Cal Red Hawks are still in their 2010 Exhibition Season trying to get in at least two more scrimmage games for the season.

Dropped from the schedule were the June 26 and August 7 games against the Ventura Black Widows due to personnel or field related.

We are still recruiting players and practice every Saturday from 12:00pm to 2:30pm.

Want to learn how to play Six-(wo)man Tackle Football? Email redhawkssixxes@gmail.com for more information.

« Previous 1 2 3 4 5 6 Next »